

Rebuilding Minds, Rebuilding Lives: Free Mental Health Support for California Fire Survivors

Offering Immediate Mental Health Care to Fire Survivors and First Responders as California Faces Unprecedented Challenges



Free Therapy for Those Affected by the Fires

communities, FamilyTime Centers is stepping up to provide a vital resource: **free mental health therapy** for fire survivors, first responders, and their families. This program ensures those affected by the crisis have access to compassionate care to begin their journey of healing.

Since launching this initiative, FamilyTime Centers has already provided dozens of families providing complementary sessions with more appointments scheduled daily. The organization is expanding its capacity to ensure that anyone impacted by the fires can find the emotional support they need.

How This Initiative Is Helping Local Communities

As flames continue to rage, the emotional toll is spreading across Southern California. FamilyTime Centers is actively working with displaced families in **Los Angeles, Ventura, and surrounding counties**, ensuring they receive care to process trauma, grief, and the overwhelming uncertainty of rebuilding their lives.

“We’ve been humbled by the bravery of first responders and the resilience of survivors. Their emotional burden is immense, and we’re here to help them carry it,” said Michael Kaufman, Executive Director of FamilyTime Centers.

Accessible and Compassionate Support

FamilyTime Centers offers:

- **Free Therapy Services:** Survivors and responders can access care without the worry of financial barriers.
- **Trauma-Informed Counseling:** Therapists who specialize in helping individuals navigate grief, loss, and anxiety.
- **Support for All:** Services are available to individuals and families regardless of insurance or income status.

How to Access Free Therapy

If you or someone you know has been affected by the fires, support is available:

- **Call:** 818.821.6012
- **Visit:** www.familytimecenters.com

Sessions are open to survivors, first responders, and their families.

A Call to Action: Let’s Rebuild Together

FamilyTime Centers invites local organizations, community leaders, and media outlets to join this effort to ensure everyone affected has access to mental health care.

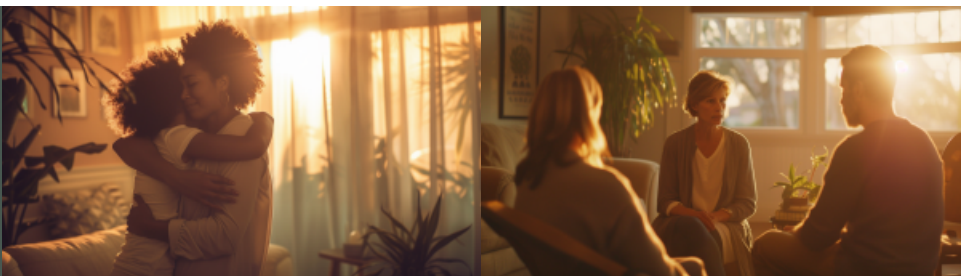
Spread the Word:

- Share this resource within your networks.
- Use hashtags **#RebuildLA** and **#CaliforniaHealing** to amplify the message of hope and resilience.

“If you know someone impacted by the fires, don’t let them face this alone,” said Kaufman. “Together, we can help rebuild not only homes but also hearts and minds.”

About FamilyTime Centers

FamilyTime Centers is a trusted leader in mental health care based in Los Angeles, dedicated to delivering innovative and accessible services for individuals and families. With over three decades of experience, FamilyTime Centers has become a cornerstone of community support, offering compassionate care during times of crisis and empowering resilience for a brighter future.



We're offering free mental health therapy to anyone directly impacted by the recent fires.

Survivors, first responders, and their families can receive support to process the emotional toll.

♥ Let's rebuild together.

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