

# The Future of Fluoride in Our Drinking Water

It is Not a Political Issue



**Phoenix, Arizona Jan 20, 2025 ([IssueWire.com](http://IssueWire.com))** - The Earth Month Network is continuing its 2024 theme for 2025 as 'Water Security.' This is no coincidence as there continues to be an entanglement over fluoridation of drinking water in the United States, some say it's political when in fact it is a medical issue needing new policy direction.

Fluoride compounds have been utilized in our nation's drinking water since 1945 to prevent dental caries. It was well-known over sixty years ago that it had negative health implications. Russia did not use such compounds as their research showed that it causes damage to the nervous and motor systems and use was prevented by the military. Since the inception of the American Dental Association, it has been touted by them as the cure-all for cavities; and forced upon Americans without full disclosure.

"There are four major compounds used in fluoridating water systems. Sodium Fluoride (NaF), Sodium Fluorosilicate (Na<sub>2</sub>SiF<sub>6</sub>), Fluorosilicic Acid and Hydrofluosilicic Acid (H<sub>2</sub>SiF<sub>6</sub>) respectively. These along with Chlorine compounds used for disinfection are considered contaminants in our drinking water, making 98% of our drinking water contaminated in the USA.

The Environmental Protection Agency has listed the enforceable residual fluoride compounds not to exceed 4.0 mg/L a day under 40 CFR 141.208 (1986) However the U.S. Department of Health and Human Services recommends 0.7 mg/L. (2015). The disparity is staggering considering that dental caries or cavities are considered a disease, and they state that they require 'medical treatment' primarily by the use of water fluoridation," said Brad Follett, Founder of Earth Month and President of Earth Month Network.

Fluorinated compounds have health risks such as higher blood pressure, hypertension, skin problems, reproductive system, heart problems, joint disorders or immobility, cancer that includes the bones and teeth, damage to the myocardium, bone arthritis, irregular function of the thyroid glands, and even Attention Deficit Hyperactivity Disorder or commonly known as ADHD.

"The chemical Hydrofluosilicic Acid is a hazardous waste byproduct in the manufacturing of aluminum and fertilizers. It has been injected into our drinking water for years as a fluoridation method and is now manufactured and used as fluorosilicic acid. Hydrofluosilicic Acid has never been formally or properly tested by the National Science Foundation under Standards 60 as to its health effects on humans, it is a time for change and protect our drinking water. Clean potable water is a human right, not a political issue, this view over the years of fluoridation will soon change nationally.

Fluoridated products are not meant to be ingested, just read your toothpaste label. If you brush your teeth four times a day, drink 2.7 to 3.7 liters of water a day, and eat food cooked in fluoridated water, you have just overmedicated yourself with fluoride. Medication is for a patient based on weight, age, health condition, gender, and other medications not just a blanket for everyone. One would need a prescription for fluoride if it's a disease to be treated," said Follett.

Follett at the helm of Earth Month is an Environmental Systems Engineer and former Professor of Practice and was recognized in 2017 by Pace University Elizabeth Haub School of Law for his advancement toward Environmental Law and Policy issues. Since 1976, Follett is no stranger to fluoride issues. For more information about Earth Month® and how you can help; go to [www.Earth-Month.org](http://www.Earth-Month.org)

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Source : Earth Month Network, Inc.

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