

EudaLife™ Magazine Launches on Amazon Prime: Bridging Ancient Wisdom and Modern Science for Affluent Wellness Consumers

Premium Print Publication Merges Cutting-Edge Science and Timeless Wisdom to Empower High-Achievers

**EUDA
LIFE**
MAGAZINE

2025 PRESS KIT



Austin, Texas Mar 3, 2025 ([IssueWire.com](https://www.issuewire.com)) - Pre-orders available March 20th, 2025.

EudaLife™ Magazine, the definitive guide for affluent professionals seeking to optimize health and performance, announces its nationwide launch via Amazon Prime in Q1 2025. Combining groundbreaking scientific research with ancient wisdom, this luxury print publication redefines wellness media for readers who demand substance, sophistication, and actionable insights.

Why EudaLife™?

- **For Discerning Readers:** Targets high-performing professionals (\$100K+ household income) in finance, tech, and executive leadership – a demographic underserved by traditional health media.
- **Unrivaled Expertise:** Features contributions from world-class experts like:
 - Leah Zitter, PhD: Behavioral Neuroscientist debunking longevity myths.
 - John Kirbow: A US Army PSYOP veteran and former DoD Human Terrain System specialist who mapped human dynamics across Iraq and Afghanistan. His expertise informs his writing on mental resilience.
 - Rebecca Barry, MSc: Oxford Medical Anthropologist specializing in intergenerational trauma and cellular memory.
- **Exclusive Distribution:** Shipped via Amazon Prime, with additional volumes reserved for top influencers, luxury clinics, and wellness centers.

Inaugural Issue Highlights:

- **“From Battlefield to Breathwork: Ancient Warrior Secrets for Modern Resilience”** - How ancestral warrior wisdom translates into modern resilience.
- **“The Gut-Brain Revolution: How Microbes and Mindset Are Changing Medicine”** - Unlocking the potential of functional medicine and integrative health.
- **“Could You Grow Younger? How to Slow and Rewind Your Aging Clock”** - Groundbreaking research suggesting ways to slow—and even reverse—stress-induced aging.

Editor-in-Chief Sam Bachvaroff states:

“EudaLife™ isn’t just a magazine – it’s a manifesto for human optimization. We’re merging peer-reviewed science with forgotten wisdom to create a luxury experience that’s as intellectually rigorous as it is visually stunning. Amazon Prime ensures our insights reach the executives, innovators, and disruptors who will shape tomorrow’s wellness landscape.”

Premium Production, Lasting Impact:

- **Luxury Design:** Museum-quality semi-gloss paper, perfect binding, and archival print.
- **Extended Engagement:** 7-9 month average shelf life with a 10x pass-along rate according to our pre-launch analysis.
- **Tech-Forward:** QR codes link to track reader engagement for advertisers.

Pricing & Availability:

- \$29 per issue – Reflecting its premium positioning.
- Pre-orders: Available March 20th via Amazon Prime.

About EudaLife™ Magazine:

Founded in 2024, EudaLife™ empowers people to achieve peak performance through rigorously curated content that bridges modern science and ancient wisdom. With distribution via Amazon Prime and a 2025 editorial calendar featuring an award gala and live events, it's poised to become the gold standard in luxury wellness media.

PRESS RELEASE

EVUDALIFE™ MAGAZINE

EudaLife™ Magazine Launches on Amazon Prime, Bringing Ancient Wisdom & Modern Science Together

Debut print publication melds groundbreaking research with holistic heritage.

FOR IMMEDIATE RELEASE

Austin, TX, Spring 2025 — Today marks the official launch of EudaLife™ Magazine, a premium print publication dedicated to bridging the gap between timeless wellness traditions and cutting-edge scientific discoveries. Starting March 2025, readers can pre-order the inaugural issue through Amazon Prime, tapping into the convenience of online ordering with the enduring appeal of high-quality print.

"EudaLife™ redefines health media by merging rigorous science with timeless wisdom, delivered through Amazon Prime's unparalleled reach."
-Sam Bachmanoff (Editor-in-Chief)

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REVOLUTIONIZING WELLNESS MEDIA

Health and wellness continue to be a key focus for people looking to live their best life. In a sea of advice columns, websites, magazines, and influencers it is difficult to know what the best options are. EudaLife™ Magazine stands out in the crowded wellness media landscape with its unique approach:

Holistic Approach to Wellness

Content merges ancient, cultural health practices with the latest evidence-based research—offering a 360° view of optimal.

Content Designed for Engagement

Our thought-provoking articles are crafted to ignite discussions and encourage widespread sharing across social platforms. By creating content that resonates with readers on a deeper level, we aim to foster meaningful conversations and strengthen brand connections.

ENGAGEMENT-DRIVEN APPROACH

Our content strategy revolves around producing pieces that naturally compel readers to share and discuss. This approach goes beyond mere visibility, focusing on creating lasting impressions and genuine interest in our brand's message.

- **Conversation Starters:** Each article is designed to prompt thoughtful discussions among readers.
- **Shareable Insights:** We provide unique perspectives and valuable information that readers feel compelled to pass on to their networks.
- **Community Building:** By encouraging dialogue, we aim to create a community of engaged readers around our brand.

This strategy not only increases our content's reach but also deepens the connection between our brand and its audience, fostering a more engaged and loyal community.

MAGAZINE OVERVIEW

MISSION STATEMENT

To merge ancient wellness traditions with cutting-edge scientific research, empowering readers to explore new frontiers of health and live life to its fullest potential.

Target Audience

- **Health Enthusiasts:** Those eager to learn about evidence-based methods to improve body and mind.
- **Conscious Consumers:** Readers who value premium, in-depth content and appreciate both traditional practices and modern breakthroughs.
- **Influencers & Innovators:** Industry professionals, fitness coaches, and holistic health advocates looking for the latest insights to share with their networks.

Content Pillars

1. **Science Meets Tradition:** Articles unpacking complex medical studies, ancient cultures, and how they intersect.
2. **Mind & Body:** Practical guidance on mental well-being, fitness routines, and mindfulness methods.
3. **Lifestyle & Nutrition:** Holistic living tips, recipe spotlights, and expert dietary advice.
4. **Personal Growth & Resilience:** Psychological strategies, inspiring success stories, and life hacks for cultivating resilience and purpose.

KEY INAUGURAL ISSUE ARTICLES

- **From Battlefield to Breathwork: Ancient Warrior Secrets for Modern Resilience:** How ancestral warrior wisdom translates into modern resilience.
- **The Dopamine Dilemma: An in-depth look at instant gratification and how to reset your reward system.**
- **The Gut-Brain Revolution: Unlocking the potential of functional medicine and integrative health.**
- **Could You Grow Younger? How to Slow and Rewind Your Aging Clock:** Groundbreaking research suggesting ways to slow—and even reverse—stress-induced aging.

EXPERT CONTRIBUTOR CREDENTIALS

Medical Researchers: Certified professionals from top universities and research institutions.

Holistic Health Pioneers: Leaders in functional medicine, traditional healing, and integrative therapies.

Renowned Authors: Award-winning journalists, best-selling writers, and wellness influencers with proven track records of reliability.

"EudaLife™ Magazine is not just another wellness publication; it's a movement towards integrating the wisdom of the ages with the breakthroughs of today," says Sam Anderson, Editor-in-Chief. "We believe that true health is achieved when we honor both our ancestral knowledge and modern scientific advancements."

Distribution Model

Amazon Prime Fulfillment: Nationwide shipping ensures prompt delivery and wide accessibility.

Targeted Outreach: VIP mail-outs, special events, brand collaborations, and strategic placements in wellness-related space.

LAUNCH DATE & AVAILABILITY

- **Official On-Sale Time:** Spring 2025
- **Where to Buy:** Amazon Prime

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[See on IssueWire](#)