

New Book Combats Government Chaos Strategy

Find out key steps to dealing with Chaos. Recognizing it is a first step in dealing with it! More chaos is coming.



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PRESS RELEASE

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The new administration creates Chaos as a strategy. Recognizing it is a first step in dealing with it! More chaos is coming.

How to Dance in the Chaos, a compelling collection of stories, essays, and poems designed to guide readers through personal journeys of self-discovery amidst a rapidly changing global landscape.

Drawing from her extensive career, including interviews with numerous successful and notable individuals, Haynes identifies a common thread in overcoming personal challenges: alignment with oneself. She emphasizes that achieving this alignment necessitates personal study and a profound understanding of one's true self.

In *How to Dance in the Chaos*, Haynes presents thoughts and ideas that have guided her through complex situations and challenges. She acknowledges the major shift driven by the cascading effects of rapidly evolving technology, particularly as Artificial Intelligence reshapes our world and future. The book offers insights into navigating these changes, emphasizing the importance of self-knowledge and recognizing our finest human qualities.

Early readers have praised the book's insightful content. One reviewer noted, "What I love about the delicious 'idea morsels' explored is that each one is satisfying in its own right." Another highlighted, "Each essay asks useful questions and offers her insights about it. I appreciated that she doesn't draw tidy conclusions for each topic. She leaves the information out there and lets the reader make his/her own conclusions."

How to Dance in the Chaos is available in both hardcover and paperback formats. Readers can purchase the book through major retailers, including Amazon.

[amazon.com](https://www.amazon.com)

Phyllis Haynes is currently the host of Profonde.TV on CNJN and YouTube. More of her writings can be found on Substack and Medium.

SweetSpot communications inc.

New York City, New York Feb 11, 2025 (IssueWire.com) - The new administration creates Chaos as a strategy.

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How to Dance in the Chaos, a compelling collection of stories, essays, and poems designed to guide readers through personal journeys of self-discovery amidst a rapidly changing global landscape.

Author Phyllis Haynes, former ABC News correspondent and talk show host sees an increasing number of people lost in the rapidly changing world. Drawing from her extensive career, including interviews with numerous successful and notable individuals, Haynes identifies a common thread in overcoming personal challenges: alignment with oneself. She emphasizes that achieving this alignment necessitates personal study and a profound understanding of one's true self.

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This book is a collection of short impactful essays that give a personal strategy for surviving and thriving in our shifting landscape. Misinformation, misdirection, and moving clown cars are just a few of the new instruments of chaos. Phyllis Haynes will give you a funny and stimulating interview about how to use this little book to make life a little calmer and maybe more meaningful and patient in the midst of chaos.

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