

New book empowers young adults to conquer adulthood the E. Z. Way

Experienced High School Teacher creates Revolutionary & equitable adulting guide!

FOR IMMEDIATE RELEASE

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EXPERIENCED HIGH SCHOOL TEACHER CREATES REVOLUTIONARY & EQUITABLE ADULTING GUIDE!

St. Louis, Missouri (November 12, 2024) – E. Z. Does it Publications is thrilled to introduce Erica (E. Z.) Grace's debut book, ***The Ayeee to Z Adulthood Guide: How to Navigate Adulthood Like a Boss!*** A one-of-a-kind book equitably focused on young adult success!

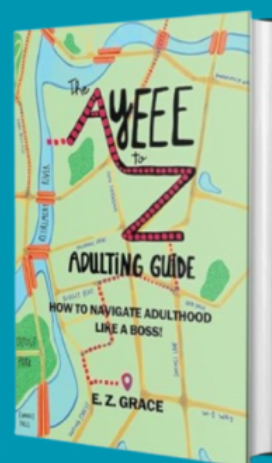
Adulthood doesn't come with a manual—until now. ***The Ayeee to Z Adulthood Guide*** is an immersive, no-nonsense guide designed to help young adults take on life with confidence. Covering essential topics such as budgeting, insurance, healthcare, career development, and more, this book is an inclusive, practical resource for readers from all walks of life.

Through constant collaboration with students, this guide was crafted with firsthand insight into the everyday struggles of navigating independence. With a fresh, relatable tone and real-world advice, the book demystifies everything from understanding credit scores to negotiating salaries—giving readers the tools they need to thrive.

“Adulthood shouldn't feel overwhelming,” says E. Z. Grace. “This book was created to be an equitable and inclusive resource, making sure that no matter your background, you have access to the knowledge you need to succeed.”

Whether you're stepping into the workforce, signing your first lease, or just trying to figure out taxes without a meltdown, ***The Ayeee to Z Adulthood Guide*** breaks it all down in a way that's engaging, easy to understand, and—most importantly—actionable.

The Ayeee to Z Adulthood Guide: How to Navigate Adulthood Like a Boss! is available now on Google Play, Apple Books, Kobo, & Amazon.



*“What sets this guide apart is its unwavering commitment to equitable presentation, ensuring it's relevant and accessible to readers from all backgrounds. With a format and content variety that is unparalleled in the market, ***The Ayeee to Z Adulthood Guide*** is not just a book—it's a life-changing tool designed to empower young adults across the nation!”*


–Midwest Book Review


WHO IS E. Z.?

Erica (E. Z.) Grace is passionate about making the world of adulthood less intimidating. She's been a high school teacher for 15 years and has developed a deep understanding of the challenges young adults face, Grace provides practical, empowering advice to help readers succeed in the real world.

She is the kind of person who has the ability to recognize a challenge, and the motivation to work towards an equitable solution.

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St. Louis, Missouri Feb 5, 2025 (IssueWire.com) - E. Z. Does it Publications is thrilled to introduce Erica (E. Z.) Grace's debut book, ***The Ayeee to Z Adulthood Guide: How to Navigate Adulthood Like a Boss!*** A one-of-a-kind book equitably focused on young adult success!

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About the Author

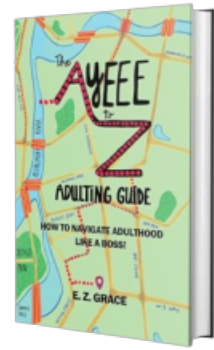
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Review

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